

LUXURY  
REDEFINED

CREATE YOUR IDEAL

HOLISTIC HOLIDAY | CORPORATE | WELLNESS | RETREAT

When escaping to 26 SUNSET VILLA you are greeted with a range of options and wellness choices to create your perfect stay.  
Kindly let us know what your ideal getaway includes by completing below:

*Duration*

*Check in*

*Check out*

*dd/mm/yyyy dd/mm/yyyy*

*HOLISTIC HOLIDAY*

*YOGA RETREAT*

*OTHER WELLNESS RETREAT*

*CORPORATE EVENT / RETREAT*

*NUMBER OF GUESTS*

  
  
  


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Please select below:

**WELLNESS DURING YOUR STAY**

Sessions / day

**Yoga**

Relaxing | Stretching

Vinyasa Flow

Mixture, or please specify your preference:

***Guided sound meditation or other mindfulness journey***

***Pilates***

***Personal Fitness Training***

***Body Work / Massage Therapy***

***Individual or Group Wellness Coaching***

***Activities in and around Cape Town***

*(Table Mountain | Hiking | Kayaking | Any activity of your choosing:)*




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### *CONSCIOUS CUISINE DURING YOUR STAY*

*Completing our holistic approach to wellness, the cuisine we create at 26 SUNSET VILLA focuses on using fresh and local, mostly plant-based ingredients to create healthy and delicious fine dining food experiences.*

*Your conscious cuisine options range from immersing completely in all healthy meals to indulging halfway. We cater for your unique preferences and dietary requirements.*

*If you have any **special dietary requirements or allergies**, please let us know and we'll meet all your heart's desires.*

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*This is your first step to creating your personalized Holistic Holiday.  
Please let us know if you have any specific preferences or questions.*

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*Kindly email your filled in form to [christi@hellohappiest.com](mailto:christi@hellohappiest.com)  
We look forward to welcoming you to our slice of paradise!  
The 26 SUNSET VILLA Team*